



Community Action Partnership of Riverside County 2010 Summer Energy Crisis Response

Cool Centers

**Do you want to escape the heat?
A Cool Center is where you can go!**

Community Action Partnership of Riverside County is coordinating Cool Centers to provide drop-in sites for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from the heat. Cool Centers will open to the public, in affected areas, when the Riverside County Department of Public Health issues a "Heat Warning". Watch or listen for the "Heat Warning" on your television, radio, and local newspaper.

Keep Cool! Protect Your Health When It's Hot!

- | | |
|---|---|
| <ul style="list-style-type: none"> • Drink plenty of water. Avoid alcohol and caffeine. • Wear a wide-brimmed hat, or use an umbrella for shade. • Wear lightweight, light-colored, loose clothing. • Slow down—rest in the shade or a cool place when possible. • Never leave a child, elderly, disabled person, or animal alone in a vehicle. • Check on your friends and neighbors who are | <ul style="list-style-type: none"> elderly or have medical conditions or at higher risk for problems when it is very hot. • If you do not have an air conditioner, use a fan, make sure your windows are open and visit a cool center. • Take a cool shower or bath. • When it is hotter than 90°, visit a friend with air conditioning or some place cool like a mall, a library or a senior center. • Turn on your air conditioner |
|---|---|

You are also at risk if you have certain medical conditions, take medication for high blood pressure, have a mental health condition, have been using drugs or alcohol, or have had a previous heat-related illness.

For Cool Center locations, hours and tips on how to protect yourself from heat related illnesses, please call:

Summer Energy Crisis Hotline

1-888-636-8676

TTY (951) 955-5126

Monday - Friday 8am - 5pm

or Call 2-1-1 24 hours/day

www.capriverside.org

Desert Cool Centers

Blythe City Hall
 235 North Broadway
 Blythe, CA 92225
 Tel: 760 922-6161
 Time: 7:00am– 6:00pm
 Monday-Thursday

Blythe Community Center
 445 North Broadway
 Blythe, CA 92225
 Tel: 760 922-8830
 Time: 9:00am-1:00pm
 Monday-Thursday

**Community Center at Tierra
 Del Sol aka Cathedral City
 Senior Center**
 37-171 W. Buddy Rogers Ave
 Cathedral City, CA 92234
 Tel: 760 321-1548
 Time: 8:00am - 5:00pm
 Monday - Saturday

Coachella Senior Center
 1540 7th St.
 Coachella, CA 92236
 Tel: 760 398-0104
 Time: 7:30am - 5:30pm
 Monday - Thursday

Boys & Girls Club of DHS
 66150 8th St.
 Desert Hot Springs, CA
 92240
 Tel: 760 329-1312
 Time: 9:00am - 6:00pm
 Monday - Friday

**Desert Hot Springs
 Senior Center**
 11-777 West Dr.
 Desert Hot Springs, CA 92240
 Tel: 760 329-0222
 Time: 8:00am – 2:00pm
 Monday - Thursday
 8:00am-1:00pm
 Friday
 “Seniors Only”

Indio Senior Center
 45-700 Aladdin St.
 Indio, CA 92201
 Tel: 760 391-4170
 Time: 7:30am - 4:30pm
 Monday - Friday
 “Seniors Only”

La Quinta Senior Center
 78450 Avenida La Fonda
 La Quinta, CA 92253
 Tel: 760 564-0096
 Time: 8:00am—5:00pm
 Monday– Friday

**Palm Desert
 Community Center**
 43900 San Pablo Ave
 Palm Desert, CA 92260
 Tel: 760 568-9697
 Time: 6:00am—9:00pm
 Monday—Friday
 Time: 10:00am-2:00pm
 Saturday

Joslyn Center
 73750 Catalina Way
 Palm Desert, CA 92260
 Tel: 760 340-3220
 Time: 8:30am—5:00pm
 Monday—Friday
 Time: 9:00am– 1:00pm
 Saturday
 “Seniors Only”

Palm Springs YMCA
 3601 Mesquite Ave
 Palm Springs, CA 92262
 Tel: 760 320-6430
 Time: 10:00am– 3:00pm
 Monday –Friday

Thermal Senior Center
 87-229 Church Street
 Thermal, CA 92274
 Tel: 760 399-0081
 Time: 1:00pm to 6:00pm
 Monday-Friday

**Eisenhower Medical Center
 Lobby**
 39000 Bob Hope Drive
 Rancho Mirage, CA 92270
 Tel: 760 340-3911
 Time: 24 Hours
 7 Days a week

**James O. Jessie Desert High-
 land Unity Center**
 480 Tramview Rd.
 Palm Springs, CA 92262
 Tel: 760 323-8271
 Time: 9:00am-7:00pm
 Monday - Friday

Mizell Senior Center
 480 S. Sunrise Way
 Palm Springs, CA 92262
 Tel: 760 323-5689
 Time: 8:00am - 4:00pm
 Monday - Friday
 “Seniors Only”

The Golden Rainbow Center
 700 E. Tahquitz Cayon Way
 Ste. F
 Palm Springs, CA 92262
 Tel: 760 416-7790
 Time: 8:30am– 4:30pm
 Monday—Friday

Ripley Community Center
 24501 School Road
 Ripley, CA 92225
 Tel: 760 922-9873
 Time: 9:00am– 4:00pm
 Monday– Friday

Mesa Verde Community Cntr
 13-341 Mesa Drive
 Mesa Verde, CA 92225
 Tel: 760 922-4909
 Time 9:00am– 4:00pm
 Monday– Friday

North Shore Yacht Club
 99-155 Sea View Drive
 North Shore, CA 92254
 Tel: 760 398-3028
 Time: 9:00am-4:00pm
 Monday—Friday

Mid-County Cool Centers

<p><u>Albert A. Chatigny Senior Community Center</u> 1310 Oak Valley Prk Way Beaumont, CA 92223 Tel: 951 769-8539 Time: 7:00am - 6:00pm Monday - Friday</p>	<p><u>Banning Senior Center</u> 789 N. San Gorgonio Banning, CA 92220 Tel: 951 922-3250 Time: 8:00am - 5:00pm Monday - Friday</p>	<p><u>James A. Venable Center</u> 50390 Carmen Av Cabazon, CA 92230 Tel: 951-922-1097 Time: 8:00am - 5:00pm Monday - Friday</p>	<p><u>Rancho Calimesa Mobile Home Ranch</u> 10320 Calimesa Blvd. Calimesa, CA 92320 Tel: 909 795-7669 Time: 9:00am-5:00pm Monday—Friday</p>
<p><u>Praise Tabernacle</u> 1525 West Nicolet Street Banning, CA 92220 Tel: 951 849-3491 Time: 10:00pm—3:00pm Monday– Friday</p>	<p><u>Simpson Center</u> 305 E. Devonshire Hemet, CA 92543 Tel: 951 765-2391 Time: 8:00am—4:30pm Monday—Thursday</p>	<p><u>Perris Senior Center</u> 100 N. D. St. Perris, CA 92570 Tel: 951 657-7334 Time: 11:00am—3:00pm Monday-Thursday “Seniors Only”</p>	<p><u>Mead Valley Community Complex</u> 21091 Rider St. Perris, CA 92570 Tel: 951 657-0685 or 0686 Time: 11:00am - 5:00pm Monday - Friday</p>
<p><u>Calimesa Senior Center</u> 908 Park Ave Calimesa, CA 92320 Tel: 909 795-2287 Time: 8:30am-4:00pm Monday-Thursday 8:00am-12:00pm Friday</p>	<p><u>“Cool Center for Pets” Renaissance Pet Resort & Spa</u> 1346 E. Ramsey Banning, CA 92220 Tel: 951 849-5020 Time: 8:00am—5:00pm Monday– Friday Time: 9:00am—4:00pm Saturday “Rules apply, please call cool center before taking your pet”</p>	<p><u>“Cool Center for Pets” Hollywood’s Pet Salon</u> 2372 W. Ramsey Banning, CA 92220 Tel: 951 849-5020 Time: 8:00am-5:00pm Monday-Friday Time: 9:00am-4:00pm Saturday “Rules apply, please call cool center before taking your pet”</p>	
<h2><i>Southwest County Cool Centers</i></h2>			
<p><u>Lake Elsinore Senior Center</u> 420 E. Lake Shore Dr. Lake Elsinore, CA 92530 Tel: 951 674-2526 Time: 8:00am - 4:00pm Monday - Thursday Friday 9:00am - 4:00pm “Senior Only”</p>	<p><u>Lakeview Chapel</u> 32700 Mission Trail Lake Elsinore, CA 92530 Tel: 951 674-2825 Time: 9:00—5:pm Tuesday—Friday</p>	<p><u>Murrieta Senior Center</u> 41717 Juniper St. Murrieta, CA 92562 Tel: 951 304-7275 Time: 8:00am—4:00pm Monday—Friday</p>	
<p><u>Kay Cenicerros Senior Center</u> 29995 Evans Road Menifee, CA 92586 Tel: 951 672-9673 Time: 8:00am—6:00pm Monday—Friday</p>	<p><u>Mary Phillips Senior Center</u> 41845 6th St. Temecula, CA 92590 Tel: 951 694-6464 Time: 8:00am—5:00pm Monday –Friday</p>	<p><u>Rancho Community Church</u> 31300 Rancho Community Way Temecula, CA 92592 Tel: 951 303-6789 Ext. 109 Time: 9:00am - 3:00pm Monday - Friday Open until August 15, 2010</p>	

West County Cool Centers

Corona Senior Center
 921 S. Belle Ave
 Corona, CA 92882
 Tel: 951 736-2363
 Time: 7:30am - 5:00pm
 Monday - Friday
 Time: 7:30am—12:00pm
 Saturday

Moreno Valley Senior Center
 25075 Fir Ave
 Moreno Valley, CA 92553
 Tel: 951 413-3430
 Time: 7:30am - 5:00pm
 Monday - Friday
 Saturday 10:00am - 4:00pm
 "Seniors Only"

Norco Senior Center
 2690 Clark Ave
 Norco, CA 92860
 Tel: 951 270-5647
 Time: 7:00am-5:00pm
 Monday-Friday

Janet Goeske Center
 5257 Sierra St.
 Riverside, CA 92504
 Tel: (951) 351-8801
 Time: 7:00am – 9:00pm
 Monday – Friday
 Time: 7:30am-4:30pm
 Saturday
 Time: 1:00pm- 5:00pm
 Sunday
 "Seniors Only"

Jurupa Community Center
 4810 Pedley Rd.
 Riverside, CA 92509
 Tel: 951 361-2090
 Time: 12:00pm - 4:00pm
 Monday - Friday

Dales Senior Center
 3936 Chestnut St.
 Riverside, CA 92501
 Tel: 951 826-5303
 Time: 9:00am - 8:00pm
 Monday - Friday
 "Seniors Only"

Ruth Lewis Center
Reid Park
 701 N. Orange Street
 Riverside, CA 92501
 Tel: 951 826-5654
 Time: 9:00am-9:00pm
 Monday– Thursday
 9:00am-6:00pm
 Friday

Orange Terrace
Community Center
 20010 Orange Terrance
 Parkway
 Riverside, CA 92508
 Tel: 951 571-0285
 Time: 9:00am—9:00pm
 Monday—Thursday
 9:00am—6:00pm
 Friday

Ysmael Villegas
Community Center
 7260 Marguerita
 Riverside, CA 92504
 Tel: 951 251-6142
 Time: 9:00am—9:00pm
 Monday—Thursday
 9:00am—6:00pm
 Friday

Stratton Center
Bordwell Park
 2008 Martin Luther King Blvd
 Riverside, CA 92507
 Tel: 951 826-5355
 Time: 9:00am-9:00pm
 Monday-Thursday
 9:00am-6:00pm
 Friday

La Sierra Senior Center
 5215 La Sierra Ave
 Riverside, CA 92505
 Tel: 951 351-6435
 Time: 9:00am-3:00pm
 Monday—Friday

Bryant Park
Arlanza Community
Center
 7950 Philbin
 Riverside, Ca 92503
 Tel: 951 351-6135
 Time: 9:00am-9:00pm
 Monday-Thursday
 9:00am-6:00pm
 Friday

Bobby Bonds Park
Cesar Chaves
Community Center
 2060 University Ave
 Riverside, CA 92507
 Tel: 951 826-5746
 Time: 9:00am-9:00pm
 Monday-Thursday
 9:00am-6:00pm
 Friday

Nichols Park Joyce Jackson
Community Center
 5505 Dewey Ave
 Riverside, CA 92504
 Tel: 951 351-6130
 Time: 9:00am— 9:00pm
 Monday-Thursday
 9:00am-6:00pm
 Friday